NUTRITIONAL INFORMATION July 2026

*Tree Nuts: Pistachios, Almonds, Walnuts, Pecans, Cashews, Chestnuts, Hazelnuts, Macadamia Nuts, Coconuts

FOOD ALLERGENS

2,000 Calories a day is used for general nutrition advice, but calories vary.	Serv. Size	Cal.	Total Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin C (mg)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Milk	Egg	Wheat	Tree Nuts	Peanuts	Soybean	Sesame
Matcha																					
Banana Matcha - One Size	16 oz	280	13.0	20	120	37	3	22	5.19	3	0.3	250	0.5	460.0	✓						
Blueberry Matcha Latte - One Size	16 oz	260	8.0	30	115	36	3	33	9.17	4	3.4	290	0.5	140.0	✓						
Brown Sugar Matcha Latte - Regular	16 oz	230	7.0	30	110	33	0	32	10.19	0	3.0	240	0.0	0.0	✓						
Coconut Matcha Cloud - one size	16 oz	170	6.0	25	50	25	0	23	2.56	0	0.2	50	0.0	490.0	✓			✓			
Dirty Matcha Latte - Regular	16 oz	220	7.0	30	105	31	0	30	9.22	0	3.0	240	0.0	15.0	✓						
Double Matcha - One Size	16 oz	290	13.0	25	110	37	3	24	5.58	3	0.2	240	0.5	430.0	✓						
Jasmine Matcha Latte - Regular	16 oz	350	16.0	25	55	52	0	37	3.10	0	0.2	10	0.0	0.0	✓						
Mango Matcha Latte - Regular	16 oz	200	7.0	30	115	25	0	20	10.19	0	3.0	240	0.0	0.0	✓						
Matcha Einspanner - One Size	16 oz	290	14.0	25	150	38	3	22	3.91	3	0.2	240	0.6	450.0	✓						
Matcha Latte - Regular	16 oz	250	9.0	35	130	34	0	33	11.99	0	3.8	300	0.0	0.0	✓						
Pistachio Matcha Latte - Regular	16 oz	350	15.0	35	170	34	0	32	17.28	0	3.8	320	0.0	100.0	✓			✓			
Rose Matcha Latte - Regular	16 oz	210	8.0	30	115	25	0	15	11.09	0	3.4	270	0.0	0.0	✓						
Strawberry Matcha Latte - Regular	16 oz	210	7.0	30	100	28	0	26	11.16	0	3.0	240	0.0	0.0	✓						
Milk Teas																					
Almond Milk Tea - Regular	16 oz	190	4.0	5	35	37	0	29	1.80	0	0.7	50	0.0	0.0	✓			✓			
Blue Sky Milk Tea - One Size	22 oz	430	14.0	0	110	77	Less than 1g	49	0.96	14	0.0	0	0.1	40.0	✓			✓			
Brown Sugar Milk Tea - Regular	16 oz	410	18.0	0	95	61	0	37	1.08	0	0.0	0	0.0	0.0	✓			✓			
Caramel Milk Tea - Regular	16 oz	340	10.0	10	180	62	0	45	2.34	9	0.0	0	0.0	0.0	✓			✓			
Chai Milk Tea - Regular	16 oz	300	11.0	5	135	51	0	34	1.54	0	0.0	190	0.0	150.0	✓			✓			
Chocolate Milk Tea - Regular	16 oz	390	14.0	0	85	64	0	41	0.81	0	0.0	0	0.0	0.0	✓			✓			
Classic Black Milk Tea - Regular	16 oz	350	15.0	0	70	55	0	35	0.90	0	0.0	0	0.0	15.0	✓			✓			
Coffee Milk Tea - Regular	16 oz	270	10.0	0	40	40	0	27	0.41	0	0.0	230	0.0	90.0	✓			✓			
Earl Grey Milk Tea - Regular	16 oz	370	17.0	0	170	65	0	41	1.27	0	0.0	0	0.0	75.0	✓			✓			
Fresh Milk (Black) Tea - Regular	16 oz	170	5.0	20	75	28	0	27	4.50	0	2.2	170	0.0	0.0	✓						
Fresh Milk (Jasmine) Tea - Regular	16 oz	170	5.0	20	75	28	0	27	4.50	0	2.2	170	0.0	0.0	✓						
Hokkaido Milk Tea - Regular	16 oz	380	14.0	0	150	57	0	38	1.67	0	0.0	0	0.0	0.0	✓			✓			
Honey Green Milk Tea - Regular	16 oz	290	9.0	0	45	52	0	36	0.54	0	0.0	0	0.0	0.0	✓			✓			
Honey Black Milk Tea - Regular	16 oz	440	18.0	0	85	67	0	40	1.08	0	0.0	0	0.0	0.0	✓			✓			
Honeydew Milk Tea - Regular	16 oz	380	13.0	0	75	64	0	43	1.55	0	0.0	0	0.0	0.0	✓			✓			
House Milk Tea - Regular	16 oz	410	21.0	0	100	68	0	40	1.25	0	0.0	0	0.0	10.0	✓			✓			
Iced Horchata - Regular	16 oz	230	10.0	35	160	18	0	17	8.40	0	3.9	320	0.0	25.0	✓						
Iced Misutgaru Latte - Regular	16 oz	280	5.0	0	95	51	3	18	9.15	0	0.0	40	2.4	330.0	✓		✓	✓	✓	✓	✓
Jasmine Milk Tea - Regular	16 oz	240	10.0	0	45	37	0	24	0.59	0	0.0	0	0.0	0.0	✓			✓			
Jasmine Tea Float - One Size	22 oz	320	12.0	50	80	51	0	46	3.34	3	0.2	70	0.0	0.0	✓			✓			
Lychee Milk Tea - Regular	16 oz	380	14.0	0	110	65	0	38	0.81	0	0.0	0	0.0	0.0	✓			✓			
Mango Milk Tea - Regular	16 oz	230	8.0	30	115	33	0	32	7.20	0	3.4	270	0.0	10.0	✓			✓			
Matcha Float - One Size	22 oz	380	15.0	60	160	49	0	48	15.73	3	3.8	360	0.0	0.0	✓			✓			
Matcha Thai Tea - Regular	16 oz	320	11.0	55	0	42	4	44	3.92	0	0.0	140	0.0	0.0	✓			✓			
Matchata - Regular	16 oz	110	4.5	15	85	11	0	10	7.65	0	1.7	140	0.0	30.0	✓			✓			
Pistachio Milk Tea - Regular	16 oz	380	19.0	20	150	36	0	33	7.56	1	2.2	210	0.2	250.0	✓			✓			
Red Bean Milk Tea - Regular	16 oz	380	14.0	0	110	61	2	37	2.88	0	0.0	0	0.0	0.0	✓			✓			
Rose Milk Tea - Regular	16 oz	220	9.0	0	45	33	0	8	0.54	0	0.0	0	0.0	0.0	✓			✓			
Strawberry Milk Tea - Regular	16 oz	210	9.0	0	60	31	0	21	1.72	14	0.0	0	0.1	35.0	✓			✓			
Taro Milk Tea - Regular	16 oz	180	6.0	0	95	32	Less than 1g	19	0.66	0	0.3	0	0.0	0.0	✓			✓			
Thai Tea Float - One Size	22 oz	590	18.0	80	75	93	4	92	2.19	0	0.0	230	0.0	0.0	✓						
Thai Tea - Regular	16 oz	290	10.0	50	0	47	3	49	0.03	0	0.0	130	0.0	0.0	✓						
Tiger Sugar Black Tea Latte - Regular	16 oz	230	6.0	25	95	38	0	38	5.40	0	2.6	200	0.0	0.0	✓						
Tiger Sugar Milk - Regular	16 oz	300	6.0	25	110	38	0	38	5.40	0	2.6	200	0.0	0.0	✓						
Tiger Sugar Ube Latte - One Size	16 oz	330	15.0	55	150	40	0	39	9.45	0	4.0	320	0.0	10.0	✓						
Iced Teas / Iced Fruit Teas																					
Butterfly Lemonade - Regular	16 oz	90	0.0	0	10	24	0	23	0.09	0	0.0	0	0.0	5.0							
Dragon Fruit Hibiscus Iced Tea - One Size	22oz	120	0.0	0	20	30	Less than 1g	27	0.27	0	0.0	0	0.1	45.0							
Fresh Lemon Black Iced Tea - Regular	16 oz	100	0.0	0	10	25	Less than 1g	23	0.27	0	0.0	0	0.0	5.0							
Galaxy Iced Tea - One Size	22 oz	170	0.0	0	25	63	0	43	1.14	0	0.0	0	0.0	0.0							
Grapefruit Iced Tea - One Size	22 oz	110	0.0	0	0	30	Less than 1g	27	0.32	15	0.0	0	0.0	0.0							

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2,000 Calories a day is used for general nutrition advice, but calories vary.	Serv. Size	Cal.	Total Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin C (mg)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Milk	Egg	Wheat	Tree Nuts	Peanuts	Soybean	Sesame
Green Tea Lemonade - Regular	16 oz	120	0.0	0	10	32	0	29	0.09	0	0.0	0	0.0	0.0							
Guava Iced Tea - Regular	16 oz	160	0.0	0	40	41	0	16	0.00	0	0.0	0	0.0	0.0							
Hawaiian Fruit Tea - One Size	16 oz	270	1.0	0	45	65	2	50	0.63	65	0.0	0	0.0	80.0							
Honey Lemon Iced Black Tea - Regular	16 oz	160	0.0	0	5	39	Less than 1g	35	0.27	0	0.0	0	0.0	0.0							
Honey Lemon Iced Green Tea - Regular	16 oz	140	0.0	0	10	36	Less than 1g	32	0.27	0	0.0	0	0.0	0.0							
Hibiscus Berry Iced Tea - Regular	16 oz	120	0.0	0	30	29	3	26	0.34	1	0.9	0	3.7	0.0							
Honey Black Iced Tea - Regular	16 oz	120	0.0	0	0	29	0	26	0.00	0	0.0	0	0.0	0.0							
Honey Green Iced Tea - Regular	16 oz	150	0.0	0	0	36	0	33	0.00	0	0.0	0	0.0	0.0							
Iced Black Tea (Sweetened) - Regular	16 oz	80	0.0	0	0	21	0	20	0.00	0	0.0	0	0.0	0.0							
Iced Jasmine Green Tea - Regular	16 oz	80	0.0	0	0	21	0	20	0.00	0	0.0	0	0.0	0.0							
Lemonade - Regular	16 oz	130	0.0	0	10	32	Less than 1g	30	0.27	0	0.0	0	0.0	5.0							
Lychee Iced Tea - Regular	16 oz	110	0.0	0	30	28	0	22	0.00	0	0.0	0	0.0	0.0							
Mango Black Iced Tea - Regular	16 oz	50	0.0	0	0	13	0	12	0.00	0	0.0	0	0.0	0.0							
Mango Iced Tea - Regular	16 oz	120	0.0	0	25	29	0	20	0.00	0	0.0	0	0.0	0.0							
Matcha Lemonade - Regular	16 oz	130	0.0	0	5	29	0	26	7.87	0	0.0	0	0.0	0.0							
Mixed Fruit Iced Tea (Syrup)	22 oz	280	0.0	0	30	69	3	51	1.80	348	0.0	30	2.1	240.0							
Orange Passion Iced Tea - Regular	16 oz	150	0.0	0	25	37	0	34	0.09	135	0.0	10	0.9	25.0							
Passion Fruit Iced Tea - Regular	16 oz	180	0.0	0	45	44	0	39	0.00	0	0.0	0	0.0	0.0							
Passion Mango Fruit Tea	22 oz	200	0.0	0	40	50	Less than 1g	42	0.42	19	0.0	10	0.1	90.0							
Peach Black Iced Tea - Regular	16 oz	160	0.0	0	40	39	0	32	0.00	0	0.0	0	0.0	0.0							
Peach Green Iced Tea - Regular	16 oz	160	0.0	0	40	39	0	32	0.00	0	0.0	0	0.0	0.0							
Peach Lychee Fruit Iced Tea - Regular	16 oz	180	0.0	0	45	44	0	35	0.11	10	0.0	0	0.0	20.0							
Peach Strawberry Fruit Iced Tea - Regular	16 oz	100	0.0	0	20	25	Less than 1g	23	0.50	14	0.0	0	0.1	35.0							
Pineapple Lime Iced Tea - One Size	22 oz	240	0.0	0	40	61	1	47	0.05	65	0.0	0	0.0	140.0							
Rose Iced Tea - Regular	16 oz	70	0.0	0	0	17	0	4	0.00	0	0.0	0	0.0	0.0							
Strawberry Fruit Tea - One Size	22 oz	100	0.0	0	10	25	2	23	1.45	67	0.0	20	0.5	170.0							
Strawberry Lemonade - Regular	16 oz	100	0.0	0	20	24	Less than 1g	24	0.93	14	0.0	10	0.1	40.0							
Watermelon Fruit Tea - One Size	22 oz	80	0.0	0	0	21	0	21	0.04	1	0.0	10	0.0	5.0							
Watermelon Passion Iced Tea - One Size	22 oz	230	0.0	0	45	55	0	48	0.45	6	0.0	0	0.6	70.0							
Watermelon Iced Tea - Regular	16 oz	120	0.0	0	0	30	0	27	0.00	0	0.0	0	0.0	0.0							
Yuzu Iced Tea - Regular	16 oz	150	0.0	0	50	37	0	36	0.00	0	0.0	0	0.0	0.0							
Smoothies																					
Acai Smoothie - Regular	16 oz	340	5.0	0	15	76	6	58	0.95	0	0.0	70	2.1	650.0							
Almond Milk Tea Smoothie - Regular	16 oz	330	15.0	30	115	45	4	31	3.04	0	0.0	90	0.0	0.0	✓			✓			
Almond Smoothie - Regular	16 oz	450	21.0	65	190	57	0	48	7.45	0	1.3	280	0.0	0.0	✓			✓			
Avocado Matcha Smoothie - Regular	16 oz	420	20.0	30	160	52	5	42	16.35	0	3.0	260	0.4	340.0	✓					✓	
Avocado Smoothie - Regular	16 oz	350	16.0	20	105	49	5	41	6.36	0	2.2	200	0.4	330.0	✓					✓	
Banana Smoothie - Regular	16 oz	530	14.0	45	180	95	1	85	7.39	0	1.7	250	0.1	200.0	✓						
Berry Avocado Smoothie - One Size	22 oz	730	44.0	15	80	89	19	64	9.31	0	1.7	200	1.8	1380.0	✓						
Blueberry Smoothie - Regular	16 oz	330	11.0	40	115	51	0	51	4.90	0	1.3	190	0.0	15.0	✓						
Blueberry Yogurt Smoothie - Regular	16 oz	350	5.0	15	140	67	0	57	7.48	0	4.7	260	0.0	1740.0	✓						
Butter Pecan Smoothie - Regular	16 oz	530	27.0	50	360	63	0	53	10.59	0	2.6	370	2.8	230.0	✓			✓			
Coconut Strawberry Smoothie - Regular	16 oz	730	33.0	80	310	96	1	88	12.40	0	2.6	420	0.1	250.0	✓			✓			
Dragon Fruit Smoothie - One Size	22 oz	240	0.0	0	15	59	6	37	2.43	0	0.0	10	0.2	550.0							
Double Mango Smoothie - One Size	22 oz	490	11.0	10	160	96	2	70	3.79	0	1.3	120	0.3	170.0	✓						
Duet Smoothie - Regular	16 oz	400	13.0	0	120	64	0	51	2.21	0	0.0	470	0.0	190.0	✓						
Hokkaido Milk Tea Smoothie - Regular	16 oz	410	14.0	40	200	60	0	52	5.75	0	1.3	190	0.0	0.0	✓						
Honeydew Smoothie - Regular	16 oz	490	15.0	25	230	82	0	68	8.44	0	2.6	260	0.0	0.0	✓						
Horchata Smoothie - Regular	16 oz	220	9.0	25	170	29	0	23	5.76	0	2.6	210	0.0	55.0	✓			✓			
Honey Milk Smoothie - Regular	16 oz	470	16.0	25	300	73	0	63	9.45	0	2.6	320	0.0	0.0	✓						
Kale Green Smoothie - Regular	16 oz	170	0.0	0	15	43	3	28	1.49	0	0.0	40	0.1	480.0							
Lychee Smoothie - Regular	16 oz	300	4.0	15	120	65	0	51	3.60	0	1.7	150	0.0	0.0	✓						
Mango Banana Smoothie - Regular	16 oz	420	3.0	10	45	98	2	90	3.33	0	1.3	100	0.1	210.0	✓						
Mango Matcha Smoothie - Regular	16 oz	370	7.0	30	135	63	Less than 1g	48	17.10	0	3.0	240	0.1	0.0	✓						
Mango Smoothie - Regular	16 oz	130	0.0	0	0	33	1	30	0.00	0	0.0	10	0.2	5.0	✓						
Mango Yogurt Smoothie - Regular	16 oz	310	2.0	Less than 5mg	95	69	Less than 1g	57	5.04	0	3.4	160	0.0	1800.0	✓						
Milk Tea Smoothie - Regular	16 oz	390	15.0	0	80	64	0	45	0.90	0	0.0	0	0.0	15.0	✓						

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Mixed Grain Smoothie - Regular	16 oz	530	15.0	35	250	81	4	38	19.54	0	3.8	360	3.0	410.0	✓		✓	✓	✓	✓	✓
PB Choco Banana Smoothie - Regular	16 oz	610	18.0	10	230	103	3	88	9.92	0	1.3	130	0.1	200.0	✓				✓		
Peach Mango Smoothie - Regular	16 oz	290	4.0	15	100	60	Less than 1g	48	3.60	0	1.7	140	0.1	0.0	✓						
Peach Smoothie - Regular	16 oz	330	4.0	15	120	68	Less than 1g	58	3.60	0	1.7	140	0.0	0.0	✓						
Piña Colada Smoothie - Regular	16 oz	450	13.0	20	190	77	0	64	6.44	0	2.2	210	0.0	120.0	✓			✓			
Pineapple Banana Smoothie - Regular	16 oz	410	2.0	10	55	98	2	81	2.43	0	0.9	70	0.1	260.0	✓						
Pineapple Mango Smoothie - Regular	16 oz	220	3.0	10	55	46	2	36	2.70	0	1.3	110	0.1	85.0	✓						
Pineapple Smoothie - Regular	16 oz	310	2.0	10	85	71	1	53	1.80	0	0.9	70	0.0	80.0	✓						
Red Bean Smoothie - Regular	16 oz	380	13.0	45	210	57	2	46	9.73	0	2.2	260	0.0	0.0	✓						
Strawberry Banana Smoothie - Regular	16 oz	250	2.0	10	45	58	3	52	3.46	0	0.9	90	0.9	420.0	✓						
Strawberry Mango Smoothie - Regular	16 oz	170	3.0	10	55	35	2	34	3.38	0	1.3	130	0.9	220.0	✓						
Strawberry Peach Smoothie - Regular	16 oz	240	2.0	10	75	53	2	49	2.83	0	0.9	90	0.8	220.0	✓						
Strawberry Pineapple Smoothie - Regular	16 oz	240	2.0	10	65	54	2	45	2.83	0	0.9	90	0.8	300.0	✓						
Strawberry Smoothie - Regular	16 oz	200	4.0	15	90	39	2	40	5.31	0	1.7	180	1.6	430.0	✓						
Strawberry Yogurt Smoothie - Regular	16 oz	310	2.5	Less than 5mg	95	70	2	56	5.34	0	3.4	170	0.4	1870.0	✓						
Taro Coconut Smoothie - One Size	22 oz	870	44.0	45	270	109	Less than 1g	82	9.34	0	1.7	250	0.5	340.0	✓			✓			
Taro Smoothie - Regular	16 oz	340	14.0	25	150	49	0	34	5.84	0	2.6	200	0.0	25.0	✓			✓			
Thai Tea Smoothie - Regular	16 oz	410	11.0	25	60	71	2	62	0.20	0	0.0	70	0.0	30.0	✓						
Yogurt Smoothie - Regular	16 oz	340	5.0	15	140	67	0	56	7.43	0	4.7	260	0.0	1740.0	✓						
Slush																					
Chamango - Regular	16 oz	260	0.0	0	1460	63	4	53	0.42	0	0.0	30	1.1	150.0							
Chamoy Watermelon - Regular	16 oz	230	0.0	0	1560	56	3	45	1.52	0	0.0	430	1.6	340.0							
Coconut Watermelon Slush - One Size	22 oz	640	26.0	0	105	100	1	88	4.28	0	0.0	230	0.9	480.0				✓			
Grapefruit Slush - Regular	16 oz	100	0.0	0	0	28	0	25	0.16	0	0.0	0	0.0	0.0							
Green Apple Slush - Regular	16 oz	240	0.0	0	55	59	0	54	0.00	0	0.0	0	0.0	0.0							
Guava Slush - Regular	16 oz	230	0.0	0	50	59	1	25	0.00	0	0.0	20	0.8	220.0							
Honeydew Slush - Regular	16 oz	380	9.0	0	140	74	0	60	3.04	0	0.0	60	0.0	0.0							
Lemon Slush - Regular	16 oz	150	0.0	0	20	39	0	37	0.00	0	0.0	0	0.0	10.0							
Lychee Slush - Regular	16 oz	230	0.0	0	65	60	0	46	0.00	0	0.0	20	0.0	0.0							
Mango Cream Slush - Regular	16 oz	210	3.5	15	25	45	2	39	1.19	0	0.1	20	0.2	95.0	✓						
Mango Slush - Regular	16 oz	170	0.0	0	25	44	1	33	0.00	0	0.0	10	0.2	0.0							
Milk Tea Slush - Regular	16 oz	310	5.0	0	95	58	3	24	9.15	0	0.0	40	2.4	330.0	✓						
Misutgaru Slush - Regular	16 oz	370	6.0	0	115	67	4	25	11.44	0	0.0	50	3.0	410.0			✓	✓	✓	✓	✓
Orange Slush - Regular	16 oz	140	0.0	0	10	36	0	36	0.00	0	0.0	0	0.0	0.0							
Passion Fruit Slush - Regular	16oz	220	0.0	0	55	52	0	47	0.00	0	0.0	0	0.0	0.0							
Peach Mango Slush - Regular	16 oz	180	0.0	0	35	44	Less than 1g	35	0.00	0	0.0	10	0.1	0.0							
Peach Slush - Regular	16 oz	240	0.0	0	55	57	0	48	0.00	0	0.0	0	0.0	0.0							
Pineapple Slush - Regular	16 oz	250	0.0	0	45	61	1	45	0.00	0	0.0	0	0.0	80.0							
Strawberry Creme Slush - Regular	16 oz	200	3.5	15	60	41	2	41	3.13	0	0.1	40	1.0	280.0	✓						
Strawberry Lemon Slush - Regular	16 oz	150	0.0	0	30	38	Less than 1g	37	0.99	0	0.0	10	0.2	75.0							
Strawberry Slush - Regular	16 oz	140	0.0	0	35	36	2	38	2.05	0	0.0	30	1.2	320.0							
Strawberry Watermelon Slush - Regular	16 oz	130	0.0	0	15	32	1	30	1.61	0	0.0	280	1.0	330.0							
Taro Slush - Regular	16 oz	270	10.0	0	60	46	0	28	0.53	0	0.1	0	0.0	25.0				✓			
Thai Tea Slush - Regular	16 oz	460	12.0	0	55	86	0	69	0.54	0	0.0	0	0.0	5.0							
Watermelon Slush - Regular	16 oz	150	0.0	0	0	38	Less than 1g	34	1.42	0	0.0	400	0.6	260.0							
Watermelon Lime Slush - One Size	22 oz	220	0.0	0	15	56	2	48	1.90	0	0.0	520	1.5	390.0							
Watermelon Pineapple Slush - Regular	16 oz	190	0.0	0	20	48	1	37	0.93	0	0.0	260	0.4	230.0							
Yogurt Slush - Regular	16 oz	190	0.0	0	55	48	0	46	0.00	0	0.0	10	0.0	25.0							
Yuzu Slush - Regular	16 oz	150	0.0	0	55	38	0	38	0.00	0	0.0	0	0.0	0.0							
Frappe																					
Butter Pecan Frappe - Regular	16 oz	510	26.0	70	310	58	0	51	9.55	0	1.7	360	0.8	125.0	✓			✓			
Caramel Frappe - Regular	16 oz	450	20.0	75	270	59	0	54	8.80	0	1.7	320	0.0	0.0	✓						
Chai Frappe - Regular	16 oz	470	18.0	50	320	69	0	55	7.12	0	1.3	580	0.0	290.0	✓			✓			
Coconut Coffee Frappe - One Size	22 oz	550	26.0	0	105	77	Less than 1g	68	3.81	0	0.0	50	0.4	430.0	✓			✓			
Dubai Chocolate Frappe - One Size	22 oz	1190	67.0	110	390	123	3	104	23.08	0	3.0	550	2.8	350.0	✓			✓			
Hazelnut Frappe - Regular	16 oz	470	19.0	70	200	64	0	61	7.90	0	1.7	320	0.0	0.0	✓						
Matcha Frappe - Regular	16 oz	380	11.0	25	190	53	0	45	23.47	0	2.6	230	0.0	25.0	✓			✓			

NUTRITIONAL INFORMATION July 2026

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FOOD ALLERGENS

2,000 Calories a day is used for general nutrition advice, but calories vary.	Serv. Size	Cal.	Total Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin C (mg)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Milk	Egg	Wheat	Tree Nuts	Peanuts	Soybean	Sesame
Matchata Frappe - Regular	16 oz	280	8.0	20	140	47	0	44	6.05	0	2.2	200	0.0	15.0	✓						
Mocha Frappe - Regular	16 oz	410	19.0	0	280	54	Less than 1g	41	3.35	0	0.0	60	0.8	290.0	✓						
OREO® Coffee Frappe - Regular	16 oz	520	22.0	65	260	70	0	61	7.59	0	1.3	280	0.0	0.0	✓		✓			✓	
OREO® Pistachio Frappe - Regular	16 oz	690	32.0	35	350	83	0	61	9.62	0	2.6	240	0.2	290.0	✓		✓	✓		✓	
Pistachio Frappe - Regular	16 oz	570	27.0	25	230	61	0	52	9.36	0	2.6	250	0.2	340.0	✓			✓			
Pistachio Matcha Frappe - Regular	16 oz	300	11.0	25	140	40	0	36	15.41	0	2.6	230	0.2	45.0	✓			✓			
Vanilla Coffee Frappe - Regular	16 oz	460	19.0	70	200	62	0	60	7.90	0	1.7	320	0.0	0.0	✓						
Vienna Frappe - Regular	16 oz	550	27.0	60	310	67	0	58	7.77	0	0.9	280	0.4	170.0	✓						
Shake																					
Chocolate Banana Shake - Regular	16 oz	470	12.0	45	150	86	1	73	6.38	5	1.7	230	0.1	200.0	✓						
Chocolate Shake - Regular	16 oz	410	19.0	70	210	50	0	46	7.90	0	1.7	320	0.0	0.0	✓						
Coconut Shake - Regular	16 oz	540	25.0	50	220	70	Less than 1g	62	9.41	0	2.6	330	0.0	220.0	✓						
Cookies & Cream Shake - Regular	16 oz	540	22.0	65	260	75	0	67	7.59	0	1.3	280	0.0	0.0	✓		✓			✓	
Mango Shake - Regular	16 oz	320	14.0	50	160	41	0	39	7.55	0	2.6	290	0.0	5.0	✓						
Mocha Shake - Regular	16 oz	500	18.0	65	210	73	0	65	7.00	0	1.3	280	0.0	0.0	✓						
OREO® Choco Shake - Regular	16 oz	570	23.0	70	300	80	0	66	8.49	0	1.7	320	0.0	0.0	✓		✓			✓	
OREO® Coconut Shake - Regular	16 oz	660	32.0	75	340	83	0	70	10.63	0	2.2	370	0.0	140.0	✓		✓			✓	
OREO® Strawberry Shake - Regular	16 oz	530	23.0	70	300	70	0	64	9.86	0	1.7	320	0.0	0.0	✓		✓			✓	
OREO® Taro Shake - Regular	16 oz	500	23.0	45	220	68	0	48	6.69	0	1.8	230	0.0	0.0	✓		✓			✓	
Strawberry Shake - Regular	16 oz	430	19.0	70	220	55	0	56	9.27	0	1.7	320	0.0	0.0	✓						
Taro Shake - Regular	16 oz	400	19.0	45	140	53	0	39	6.10	0	1.8	230	0.0	0.0	✓						
Vanilla Shake - Regular	16 oz	450	18.0	65	180	60	0	58	7.00	0	1.3	280	0.0	0.0	✓						
Hot Beverages																					
Almond Milk Tea Latte (Hot) - Regular	12 oz	480	15.0	0	70	84	0	61	1.04	0	0.0	0	0.0	0.0	✓			✓			
Black Tea (Sweetened) - Regular	12 oz	80	0.0	0	0	21	0	20	0.00	0	0.0	0	0.0	0.0							
Butter Pecan Latte - Regular	12 oz	370	18.0	30	290	45	0	37	9.56	1	3.4	330	0.0	210.0	✓			✓			
Chai Tea Latte (Hot) - Regular	12 oz	240	10.0	30	190	34	0	27	6.53	0	2.6	400	0.0	150.0	✓						
Earl Grey Tea Latte - Regular	12 oz	260	11.0	20	190	36	0	27	5.10	0	2.2	170	0.0	65.0	✓						
Matcha Latte (Hot) - Regular	12 oz	280	11.0	40	170	29	0	26	19.89	0	4.3	340	0.0	10.0	✓			✓			
Green Tea (Hot) Unsweetened - Regular	12 oz	0	0.0	0	0	0	0	0	0.00	0	0.0	0	0.0	0.0							
Honey Ginger Tea (Hot) - Regular	12 oz	300	0.0	0	25	76	0	54	0.00	0	0.0	0	0.0	0.0							
Hot Chocolate - Regular	12 oz	250	10.0	30	250	35	Less than 1g	33	7.95	0	3.4	340	0.8	250.0	✓						
Jasmine Milk Tea Latte (Hot) - Regular	12 oz	330	14.0	0	65	51	0	33	0.81	0	0.0	0	0.0	0.0	✓						
Milk Tea Latte (Hot) - Regular	12 oz	190	10.0	40	150	16	0	15	9.06	0	4.3	380	0.0	0.0	✓						
Misutgaru Latte (Hot) - Regular	12 oz	340	10.0	25	160	51	3	25	12.26	0	2.6	240	1.8	250.0	✓		✓	✓	✓	✓	✓
Pistachio Latte (Hot) - Regular	12 oz	310	15.0	20	135	30	0	28	6.30	0	2.2	200	0.0	200.0	✓			✓			
Taro Milk Tea Latte (Hot) - Regular	12 oz	200	9.0	20	80	27	0	20	4.68	0	2.2	170	0.0	0.0	✓						
Yuzu Tea (Hot) - Regular	12 oz	180	0.0	0	35	46	0	43	0.00	0	0.0	0	0.0	0.0							
Signature Coffee																					
Banana Coffee - One Size	16 oz	330	16.0	55	160	42	0	36	9.45	1	3.6	290	0.0	80.0	✓			✓			
Caramel Einspanner - One Size	16 oz	380	16.0	60	240	51	0	44	9.78	5	3.6	280	0.0	40.0	✓						
Coconut Coffee Cloud - One Size	16 oz	160	6.0	20	80	25	0	20	1.39	0	0.2	60	0.0	610.0	✓			✓			
Cookie Cream Einspanner - One Size	16 oz	460	25.0	55	250	50	2	39	10.11	0	3.6	280	0.0	50.0	✓						
Iced Ube Coconut Coffee - One Size	16 oz	310	14.0	50	135	38	0	37	8.55	0	3.6	290	0.0	35.0	✓			✓			
Vanilla Einspanner - One Size	16 oz	330	17.0	55	190	38	0	31	8.97	0	3.6	280	0.0	50.0	✓			✓			
Iced Coffee																					
Boba Coffee - Regular	16 oz	250	9.0	0	10	36	0	27	0.00	0	0.0	590	0.0	230.0	✓						
Iced Americano (w/ sugar) - Regular	16 oz	80	0.0	0	0	21	0	20	0.00	0	0.0	0	0.0	25.0							
Iced Americano - Regular	16 oz	0	0.0	0	0	0	0	0	0.00	0	0.0	0	0.0	25.0							
Iced Cafe Latte - Regular	16 oz	180	10.0	40	150	15	0	14	9.00	0	4.3	340	0.0	25.0	✓						
Iced Cafe Mocha - Regular	16 oz	230	8.0	30	125	32	0	30	7.20	0	3.4	270	0.0	20.0	✓						
Iced Caramel Macchiato - Regular	16 oz	240	8.0	35	170	34	0	32	7.88	4	3.4	270	0.0	20.0	✓						
Iced Dirty Horchata - Regular	16 oz	160	8.0	30	135	14	0	14	7.29	0	3.4	280	0.0	55.0	✓						
Iced Hazelnut Latte - Regular	16 oz	230	9.0	30	125	28	0	27	6.30	0	3.0	240	0.0	20.0	✓			✓			
Iced Spanish Latte - Regular	16 oz	240	11.0	35	200	30	0	25	8.00	0	3.4	400	0.0	160.0	✓						
Iced Tiramisu Latte - One Size	22 oz	310	14.0	50	150	40	0	37	8.50	0	3.5	280	0.0	20.0	✓						

NUTRITIONAL INFORMATION July 2026

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FOOD ALLERGENS

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Iced Vanilla Latte - Regular	16 oz	220	1.5	0	25	14	0	12	0.09	0	0.0	0	0.0	30.0	✓			✓			
Sea Salt Iced Coffee - Regular	16 oz	130	3.5	15	25	25	0	23	0.77	0	0.1	10	0.0	20.0	✓						
Hot Coffee																					
Affogato - One Size	6 oz	140	8.0	25	70	15	0	14	2.15	0	0.0	90	0.0	25.0	✓						
Americano (Hot) - Regular	12 oz	0	0.0	0	0	0	0	0	0.00	0	0.0	0	0.0	25.0							
Boba Coffee (Hot) - Regular	12 oz	320	15.0	40	150	37	0	33	9.72	0	4.3	350	0.2	110.0	✓						
Cafe Latte (Hot) - Regular	12 oz	160	9.0	35	135	13	0	13	8.10	0	3.8	300	0.0	25.0	✓						
Cafe Mocha (Hot) - Regular	12 oz	270	11.0	40	260	35	Less than 1g	33	9.66	0	4.3	400	0.7	220.0	✓						
Caramel Macchiato (Hot) - Regular	12 oz	280	10.0	45	200	37	0	35	9.68	4	4.3	340	0.0	20.0	✓						
Dirty Horchata (Hot) - Regular	12 oz	220	11.0	35	170	23	0	20	8.28	0	3.8	310	0.0	40.0	✓						
Einspanner Coffee (Hot) - One Size	12 oz	70	4.5	15	40	6	0	4	1.67	0	0.5	40	0.0	25.0	✓						
Hazelnut Latte (Hot) - Regular	12 oz	300	12.0	40	170	35	0	34	9.00	0	4.3	340	0.0	20.0	✓			✓			
Spanish Latte (Hot) - Regular	12 oz	240	12.0	40	190	25	0	22	9.45	0	4.3	410	0.0	85.0	✓						
Vanilla Latte (Hot) - Regular	12 oz	260	13.0	0	210	33	2	16	2.31	1	0.0	300	0.2	540.0	✓			✓			
Frosty Milk																					
#1 Frosty Milk w/ Boba - One Size	22 oz	570	11.0	30	230	111	0	79	8.05	0	0.0	280	0.0	0.0	✓						
#2 Frosty Milk w/ Boba & Pudding - One Size	22 oz	480	11.0	30	220	88	0	65	7.99	0	0.0	280	0.0	0.0	✓	✓					
#3 Frosty Milk w/ Boba, Pudding, & Strawberry - One Size	22 oz	450	10.0	30	200	84	0	63	8.32	0	0.0	270	0.1	35.0	✓	✓					
#4 Frosy Milk w/ Boba, Pudding, & Caramel - One Size	22 oz	480	10.0	30	240	90	0	67	8.15	0	0.0	260	0.0	0.0	✓	✓					
#5 Frosty Milk w/ Boba & Coffee Jelly - One Size	22 oz	510	11.0	30	220	95	0	71	7.97	0	0.0	290	0.0	55.0	✓						
#6 Frosty Milk w/ Chocolate, Pudding, & Boba	22 oz	550	11.0	30	230	105	0	78	7.99	0	0.0	280	0.0	0.0	✓	✓					
Juice																					
ABC Juice - Regular	16 oz	110	0.0	0	60	30	6	23	1.17	28	0.0	0	2.4	240.0							
Antioxidant Juice - Regular	16 oz	110	0.5	0	190	27	6	15	3.30	78	0.0	70	3.1	340.0							
Carrot Juice - Regular	16 oz	140	0.5	0	230	32	9	16	3.24	20	0.0	10	3.3	0.0							
Detox Juice - Regular	16 oz	140	0.0	0	170	38	9	23	2.64	48	0.0	40	2.4	120.0							
Energy Juice - Regular	16 oz	210	0.0	0	35	53	9	34	1.63	122	0.0	40	1.4	70.0							
Green Juice - Regular	16 oz	200	0.0	0	95	52	9	27	2.34	200	0.0	70	1.1	260.0							
Immune Juice - Regular	16 oz	220	0.0	0	170	56	13	30	4.59	140	0.0	110	1.7	120.0							
Orange Juice - Regular	16 oz	320	0.5	0	0	79	17	65	6.48	588	0.0	20	0.0	0.0							
Rejuvenate Juice - Regular	16 oz	160	0.0	0	90	41	8	26	2.48	50	0.0	10	2.3	120.0							
Strawberry Juice - Regular	16 oz	90	0.5	0	5	22	5	16	1.87	133	0.0	40	0.9	340.0							
Vitamin C Juice - Regular	16 oz	190	1.0	0	0	47	5	29	2.77	133	0.0	10	0.5	820.0							
Watermelon Juice - Regular	16 oz	150	0.0	0	0	37	1	32	1.86	31	0.0	520	0.8	340.0							
Add-Ons (Toppings)																					
Boba	2 oz	140	0.0	0	30	35	0	14	0.17	0	0.0	0	0.0	0.0							
Coffee Foam	2 oz	80	6.0	20	35	8	0	5	1.25	0	0.2	10	0.0	0.0	✓						
Coffee Jelly	2 oz	80	0.0	0	10	20	0	14	0.00	0	0.0	20	0.0	70.0							
Crystal Boba	2 oz	40	0.0	0	5	9	0	6	0.00	0	0.0	0	0.0	0.0							
Egg Pudding	110 g	80	1.0	0	10	17	0	15	0.99	0	0.0	0	0.0	0.0	✓	✓					
Lychee Coconut Jelly	2 oz	50	0.0	0	10	13	Less than 1g	12	0.00	0	0.0	0	0.0	15.0				✓			
Mango Popping Boba	2 oz	40	0.0	0	0	10	0	9	0.00	0	0.0	50	0.0	0.0							
Matcha Foam	2 oz	100	6.0	25	10	8	0	7	2.56	0	0.2	10	0.0	0.0	✓						
Milk Foam	2 oz	100	7.0	25	50	8	0	5	1.54	0	0.2	10	0.0	0.0	✓						
Rainbow Jelly	2 oz	60	0.0	0	15	16	0	14	0.00	0	0.0	0	0.0	20.0							
Star Mango Jelly	2 oz	80	0.0	0	0	58	0	19	0.00	0	0.0	0	0.0	0.0							
Strawberry Popping Boba	2 oz	40	0.0	0	0	10	0	9	0.00	0	0.0	50	0.0	0.0							
Ube Foam	2 oz	70	5.0	20	15	5	0	4	1.35	0	0.2	10	0.0	10.0	✓						
Acai Bowl																					
Amazing Almond Bowl	24 oz	710	10.0	0	65	114	14	69	10.59	132	0.0	230	4.6	1070.0				✓			
Dragon Fruit Bowl	24 oz	510	7.0	0	40	112	15	57	7.76	171	0.0	50	2.4	1550.0				✓			
Fusion Acai Bowl	24 oz	550	9.0	0	50	115	16	61	6.86	158	0.0	80	2.9	1420.0				✓			
Green Bowl	24 oz	550	9.0	0	115	116	14	65	7.60	198	0.0	250	3.0	1170.0				✓			
Original Acai Bowl	24 oz	530	10.0	0	55	104	14	64	4.70	144	0.0	110	3.6	930.0				✓			
PB Acai Bowl	24 oz	630	23.0	0	160	96	14	55	10.36	132	0.0	110	3.5	910.0					✓		

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Tropical Bowl	24 oz	570	12.0	0	55	109	16	65	5.82	167	0.0	110	3.5	980.0				✓			
Shaved Ice																					
Fruit Shaved Ice (Boba Coffee) - Cup	16 oz	310	10.0	25	105	49	Less than 1g	40	4.40	23	0.0	160	0.1	105.0	✓						
Fruit Shaved Ice (Boba Coffee) - Bowl	24 oz	440	13.0	25	135	75	2	61	6.92	28	0.0	160	0.2	310.0	✓						
Fruit Shaved Ice (Strawberry Drizzle) - Cup	16 oz	400	11.0	25	130	69	Less than 1g	60	6.29	23	0.0	100	0.1	80.0	✓						
Fruit Shaved Ice (Strawberry) - Bowl	24 oz	450	12.0	25	135	82	2	67	6.92	28	0.0	100	0.2	280.0	✓						
Green Tea Shaved Ice (No Red Bean) - Cup	16 oz	330	9.0	25	90	56	Less than 1g	49	7.89	25	0.0	60	0.1	75.0	✓						
Green Tea Shaved Ice (No Red Bean) - Bowl	24 oz	310	8.0	25	65	55	2	42	8.57	30	0.0	60	0.2	280.0	✓						
Green Tea Shaved Ice (w/ Red Bean) - Cup	16 oz	330	7.0	25	100	59	2	48	7.54	25	0.0	60	0.1	75.0	✓						
Green Tea Shaved Ice (w/ Red Bean) - Bowl	24 oz	390	8.0	25	100	72	3	55	10.11	30	0.0	60	0.2	280.0	✓						
Mango Shaved Ice - Cup	16 oz	350	10.0	25	100	71	1	54	4.67	28	0.0	100	0.1	135.0	✓						
Mango Shaved Ice - Bowl	24 oz	490	12.0	25	135	100	2	77	6.78	38	0.0	100	0.1	180.0	✓						
Red Bean Shaved Ice - Cup	16 oz	350	10.0	25	125	57	2	46	5.43	23	0.0	150	0.1	100.0	✓						
Red Bean Shaved Ice - Bowl	24 oz	450	12.0	25	140	79	3	60	6.57	28	0.0	210	0.2	330.0	✓						
Strawberry Shaved Ice - Cup	16 oz	300	9.0	25	95	49	Less than 1g	39	4.68	27	0.0	100	0.2	200.0	✓						
Strawberry Shaved Ice - Bowl	24 oz	350	8.0	10	95	67	1	52	5.48	40	0.0	60	0.3	170.0	✓						
Hot Foods																					
Chicken Tenders (3 pcs)	170 g	470	29.0	85	950	24	2	2	22.50	0	0.0	30	1.2	450.0							
Chicken Tenders & French Fries	440 g	1120	68.0	85	1790	98	7	4	27.60	0	0.0	60	3.8	1050.0						✓	
Croissant (Plain)	1 ea	300	17.0	60	330	30	1	5	6.00	0	0.0	30	2.0	90.0	✓	✓	✓				
Croissant (Ham & Cheese)	1 ea	400	23.0	90	940	32	1	6	14.00	0	0.1	130	2.0	135.0	✓	✓	✓				
Croissant (Turkey & Cheese)	1 ea	400	23.0	95	1030	32	1	6	20.00	0	0.1	130	2.0	340.0	✓	✓	✓				
Plain French Fries - Regular	255 g	650	38.0	0	850	74	5	3	5.10	0	0.0	30	2.6	600.0						✓	
Popcorn Chicken	255 g	450	18.0	220	1160	26	1	0	51.00	0	0.3	50	2.0	770.0							
Popcorn Chicken & French Fries	510 g	1100	56.0	220	2010	99	6	3	56.10	0	0.3	80	4.6	1370.0						✓	
Taiyaki (Pizza)	1 pc	270	15.0	35	580	21	1	5	10.18	0	0.0	160	0.9	170.0	✓	✓	✓				
Taiyaki (Corn Cheese & Jalapeño)	1 pc	200	10.0	25	390	19	0	4	7.71	1	0.0	160	0.8	40.0	✓	✓	✓				
Taiyaki (Ham & Cheese)	1 pc	210	10.0	25	380	19	0	4	9.27	0	0.0	160	0.8	35.0	✓	✓	✓				
Taiyaki (Red Bean w/ Walnut)	1 pc	230	4.5	0	140	46	4	25	5.09	0	0.0	20	0.8	35.0	✓	✓	✓	✓			
Taiyaki (Red Bean)	1 pc	220	4.0	0	140	46	4	25	4.95	0	0.0	20	0.8	35.0	✓	✓	✓				
Taiyaki (Nutella Banana)	1 pc	330	15.0	0	160	46	2	27	4.24	2	0.0	80	1.3	95.0	✓	✓	✓	✓			
Taiyaki (OREO®)	1 pc	190	7.0	0	200	30	0	10	1.80	0	0.0	20	0.8	35.0	✓	✓	✓			✓	

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